

# Kadoorie Farm & Botanic Garden Corporation

Lam Kam Road, Tai Po, New Territories, Hong Kong.  
Tel. Nos.: (852) 2483 7250; 2483 7251 Fax: (852) 2488 1002

## 嘉道理農場暨植物園公司

香港新界大埔林錦路

敬啟者：

### 誠邀參與「酵玩工作坊」及教師專場

嘉道理農場暨植物園 Food Hub 食物教室，將於 2024 年 10 月至 2025 年 3 月舉辦「酵玩工作坊」，誠邀 貴校參與。隨函附上報名表供參考，亦歡迎登入下方掃瞄碼以參閱更多詳情。工作坊以發酵飲食為題，透過有趣互動的體驗活動，鼓勵學生從傳統智慧中學習，重新發現個人習慣與自身健康，與外在環境和社會的緊密連繫，以促進實踐永續生活之道。工作坊特設優惠收費予政府註冊全日制學校、已註冊慈善團體，讓更多青少年得以參與本園的教育活動。

此外，我們將於 6 月份舉辦「酵玩工作坊—教師專場」，讓老師們藉著親身體驗本園的飲食教育活動，了解更多 Food Hub 食育教室為學校提供的各項環境教育服務。

Food Hub 坐落於元朗石崗的香港大學嘉道理中心，2024 年中啓用，致力倡導身心健康及環境和諧共存的飲食素養。它有三個主要功能：

1. 為中心訪客提供有機素食的餐飲體驗；
2. 提供環境教育和飲食素養的體驗式學習課程；
3. 支援創新跨學科探究，促進食農生態文化保育和食物鏈的永續性。

如閣下對本項目有任何查詢，歡迎在辦公時間 8:30-16:00 內，致電 2311 9100 / 5723 6343 (可供 WhatsApps 留言)，或電郵至 [food.hub@kfbg.org](mailto:food.hub@kfbg.org)，聯絡黃小姐(Vivien)或譚小姐(Olivia)。敬希垂注，並祈早日賜覆。

敬祝

教安！

此致

貴校校長



[bit.ly/3wJct19](https://bit.ly/3wJct19)



嘉道理農場暨植物園

永續生活部主管

王麗賢 謹啟

二〇二四年五月十八日

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## 嘉道理農場暨植物園公司

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### 「酵玩工作坊」

「酵玩工作坊」以發酵飲食為題，透過有趣互動的學習體驗，讓學生重新發現個人習慣與自身健康以與外在環境和社會等緊密連繫，鼓勵學生從傳統智慧學習促進大眾與環境和諧並存的永續生活之道。

**對象：** 中一至中三學生

**日期：** 2024年10月1日至2025年3月31日期間

**時間：** 工作坊全長2.5小時，上午時段為9:00-11:30 或 下午時段為2:00-4:30

**地點：** Food Hub 食育教室 (元朗石崗林錦公路 香港大學嘉道理中心)

**人數：** 每場22至35人

**費用：** 每位\$180 (政府註冊全日制學校及已註冊慈善團體優惠價)

### 「酵玩工作坊—教師專場」

我們將於6月份特別舉辦「酵玩工作坊—教師專場」，讓老師們藉著親身體驗本園的飲食教育活動，了解更多Food Hub 食育教室為學校提供的各項環境教育服務。

**對象：** 本地及國際學校老師，特別適合任教初中家政、科學教育、科技教育的老師參與

**日期：** 2024年6月14日 (英語場次) / 6月21日 (廣東話場次)

**時間：** 下午2:30-4:00

**地點：** Food Hub 食育教室 (元朗石崗林錦公路 香港大學嘉道理中心)

**人數：** 每間學校最多兩名代表參與

**費用：** 免費

**交通：** 活動當日下午2:00於太和火車站集合，乘專車前往Food Hub 食育教室

**報名：** 請填妥申請表格以電郵或傳真方式交回Food Hub 食育教室

**查詢：** 請致電2311 9100 / 5723 6343 (可供WhatsApp留言)，或電郵至 [food.hub@kfbg.org](mailto:food.hub@kfbg.org) ·

與譚小姐(Olivia)或黃小姐(Vivien)聯絡

\*由於名額有限，申請將按學校報名時序，以先到先得方式處理。

# Food Hub 「酵玩工作坊」申請表格

請填妥申請表格，並以下列方式交回：

- 傳真：3102 1220
- 電郵：[food.hub@kfbg.org](mailto:food.hub@kfbg.org)
- 郵寄：新界 大埔 林錦公路 嘉道理農場暨植物園 (請於信封面註明「Food Hub 團體活動」申請)

## 申請人及機構資料

學校名稱： \_\_\_\_\_ (英文)

(中文)

地址： \_\_\_\_\_

申請人 (18 歲以上)

(英文)

(中文)

(職銜)

手提電話： \_\_\_\_\_ 電話： \_\_\_\_\_ 電郵： \_\_\_\_\_

## 「酵玩工作坊」

人數			總人數
級別:	學生人數:	隨團老師/職員人數:	
活動日期 (日/月/年) 及時間			
工作坊全長 2.5 小時 · 上午時段為 9:00-11:30 或 下午時段為 14:00-16:30			
第一選擇	日期：	時間： 上午 / 下午	(請刪去不適用)
第二選擇	日期：	時間： 上午 / 下午	(請刪去不適用)
第三選擇	日期：	時間： 上午 / 下午	(請刪去不適用)

## 「酵玩工作坊—教師專場」

日期： 2024 年 6 月 14 日 (英語場次)  6 月 21 日 (廣東話場次)  
時間： 14:30-16:00 參與教師人數： \_\_\_\_\_ 人

參加者(1)姓名： \_\_\_\_\_ 電話： \_\_\_\_\_ 電郵： \_\_\_\_\_

參加者(2)姓名 (如適用)： \_\_\_\_\_ 電話： \_\_\_\_\_ 電郵： \_\_\_\_\_

關於教師日或工作坊的查詢：

\_\_\_\_\_

申請人簽署

校長/機構負責人簽署

學校/機構蓋印

日期

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嘉道理農場暨植物園公司

香港新界大埔林錦路

16th May 2024

To Whom It May Concern:

## Invitation to Participate in the “Microbe-Joy Workshop” and “Microbe-Joy Teachers’ Day”

We cordially invite you and your students at your school to participate in the “**Microbe- Joy Workshop**” at the newly opened Food Hub operated by Kadoorie Farm and Botanic Garden (KFBG). The workshop program will run from October 2024 until March 2025. Please find the attached application form and the enclosed QR code for your reference.

The workshop will focus on interactive and hands-on experience of fermented food cultivation. Students may rediscover the profound connection between well-being and daily living habits, as well as the invisible but interdependent relationship between social and nature’s connections. We offer discounted fees for registered whole-day schools and charity groups to ensure accessibility.

Additionally, the Food Hub will host the “**Microbe-Joy Teachers’ Day**” in the upcoming June 2024. Teachers and staff can have firsthand experience of our fermentation food cultivation and food-making activities, enjoy our homemade vegan low-carbon meals and engage with the Food Hub in a stronger relationship with local schools and communities.

**KFBG’s Food Hub** is newly opened in mid-2024 to promote food literacy that is beneficial to well-being, health and harmony with the environment. Located at the HKU Kadoorie Center at Shek Kong, the Food Hub serves three main purposes:

- To provide organic and low carbon vegetarian meals to residential guests;
- To launch quality food literacy and cultivation programmes to public groups and organizations;
- To roll out innovative inter-disciplinary exploration to develop new knowledge towards agroecological transformation in food cultures and enhance sustainability of our food system.

For inquiries, please contact Vivien or Olivia during office hours (8:30-16:00) at 2311 9100 / 5723 6343 (please leave message via WhatsApp) or email us at [food.hub@kfbg.org](mailto:food.hub@kfbg.org). We appreciate your attention and look forward to your early response.

Best regards,



Idy Wong  
Head of Department  
Sustainable Living Department  
Kadoorie Farm and Botanic Garden



[bit.ly/3wJct19](https://bit.ly/3wJct19)

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## ~ Microbe-Joy Workshop ~

Microbe-Joy Workshop will focus on interactive and hands-on experience of fermented food cultivation. Students may rediscover the profound connection between well-being and daily living habits; as well as the invisible but interdependent relationship between social and nature's connections. The workshop is about encouraging students from cultivation, scientific and culinary perspectives to understand living harmonized with the natural environment is a sustainable way of living. The workshop's content includes touches on traditional food wisdom, food nutrition and science; low-carbon diet indication; fun food making and food display design and food waste management showcase as a complete circular consumption cycle.

**Focus:** High school students (Form one to Form three)

**Date:** 1st October 2024 to 31st March 2025

**Duration:** The workshop lasts 2.5 hours and is available in either in the morning session (9:00-11:30) or the afternoon session (14:00-16:30)

**Location:** Food Hub -- The University of Hong Kong Kadoorie Centre, Lam Kam Road, Shek Kong, Yuen Long, N.T., H.K.

**Group Size:** Each session accommodates 22 to 35 participants.

**Activity Fee:** HKD \$180 per person (for Registered whole-day school and Registered Charity)

## ~ Microbe-Joy Teacher Day ~

In the upcoming June, Food Hub will launch a special event **Microbe-Joy Teacher Day**. We sincerely invite teachers, and/or school program staff to have a trial of the fun and inspiring workshop activities, food making and a taste of Food Hub low carbon diet firsthand. The goal is to introduce the new opening of the Food Hub, and its upcoming educational services and to engage with the local schools and communities.

**Target:** Local and international school teachers

**Date/Time:** June 14, 2024 (English session) / June 21, 2024 (Cantonese session), 2:30-4:00pm

**Location:** Food Hub -- The University of Hong Kong Kadoorie Centre, Lam Kam Road, Shek Kong, Yuen Long, N.T., H.K.

**Number of Participants:** Up to two representatives per school

**Activity Fee:** Free

**Transportation:** Participants can meet up at Tai Wo MTR Station at 2pm on the event day. A free shuttle bus ride to Food Hub will be provided.

**Registration:** Please complete the application form and submit it via email or fax to the Food Hub

**Inquiries:** please call 2311 9100 / 5723 6343 (WhatsApp) or email to [food.hub@kfbg.org](mailto:food.hub@kfbg.org) to get in touch with Ms. Vivien Wong or Ms. Olivia Tam.

\* Due to limited slots, applications will be processed on a first-come, first-served basis according to the order of school registrations.

## Application forms for the “Micro Joy Workshop” and “Micro Joy Teacher Day”

Please submit the completed form via the following methods:

- Fax : 3102 1220
- Email : food.hub@kfbg.org
- Mailing Address : Kadoorie Farm and Botanic Garden, Lam Kam Road, Tai Po, New Territories, Hong Kong  
(Please indicate “**Food Hub Group Activity Application**” on the envelope)

### Application and Institution information

Name of School : \_\_\_\_\_ (English)

\_\_\_\_\_ (Chinese)

Address : \_\_\_\_\_

Applicant (over 18 year-old)

\_\_\_\_\_ (English)

\_\_\_\_\_ (Chinese)

\_\_\_\_\_ (Title)

Mobile no. : \_\_\_\_\_

Phone : \_\_\_\_\_

Email : \_\_\_\_\_

### Micro Joy Workshop

Group Size			Total no. of participants
Student Form:	No. of student:	No. of teacher/staff:	
Programme Day (Date/Month/Year) and Time			
The <b>Micro Joy Workshop</b> lasts 2.5 hours and is available in either the AM session (9:00-11:30) or the PM session (14:00-16:30)			
1 <sup>st</sup> Choice	Date :	Time : AM / PM	(please delete if it inapplicable)
2 <sup>nd</sup> Choice	Date :	Time : AM / PM	(please delete if it inapplicable)
3 <sup>rd</sup> Choice	Date :	Time : AM / PM	(please delete if it inapplicable)

### Micro Joy Teacher Day

Date :  June 14, 2024 (English session)

June 21, 2024 (Cantonese session)

Time : 14:30-16:00

Number of teacher will participate: \_\_\_\_\_

Participant (1) Name: \_\_\_\_\_ phone no.: \_\_\_\_\_ email: \_\_\_\_\_

Participant (2) Name: \_\_\_\_\_ phone no.: \_\_\_\_\_ email: \_\_\_\_\_

(if applicable)

For enquiries or requests regarding the workshop or teacher day, please state:

\_\_\_\_\_

\_\_\_\_\_  
Signature of applicant

\_\_\_\_\_  
Signature of Principal/Head of School

\_\_\_\_\_  
School Chop

\_\_\_\_\_  
Application Date